Getting it off is one thing. Keeping it off is Ultra Lite.

Doctor-Developed & Administered Weight Loss Program

SUSTAINABLE WEIGHT LOSS

Lose fat while protecting muscle mass

Lose the fat eating normal foods

Learn about food allergies which can contribute to weight gain

Strengthen your body's "weak links" which can stop you from maintaining weight loss over time



Ultra Lite voted #1 weight loss program in Australia

Used by over 500,000 people

Part of the Weight Loss for Life program—providing ongoing support to maintain your weight and optimize your health



TWO FREE

Come and learn about the **Problem**, the **Causes** and the **Solutions** to the weight problem in America.

Monday, January 16 7:00 pm

Vednesday, February 1 7:00 pm



Spectrum Gyms 1000 Wilshire Blvd Suite 200 Los Angeles, CA 90024

Call 643-6600 to RSVP or for more information; or email michele@SOMAacupuncture.com